

JUDO 4 KIDS TERM 1 - 2017

Ph: 9385 4725
www.unswjudo.net.au

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30/1/17 - 3/4/17 (10 weeks)	31/1/17 - 4/4/17 (10 weeks)	1/2/17 - 5/4/17 (10 weeks)	2/2/17 - 6/4/17 (10 weeks)	3/2/17 - 7/4/17 (10 weeks)	4/2/17 - 8/4/17 (10 weeks)
<p>9.45 – 10.30 AM <input type="checkbox"/></p> <p>MINI KIDS @ East Sub's PCYC 3 – 4 yrs age group Instructor:Warren/Marco Cost: \$200</p> <p>10.45 – 11.30 AM <input type="checkbox"/></p> <p>MINI KIDS @ East Sub's PCYC 3 – 4 yrs age group Instructor:Warren/Marco Cost: \$200</p> <p>4.30 – 5.30 PM <input type="checkbox"/></p> <p>7-10yrs beginners @ UNSW 7 – 10yrs beginners group Instructor: Warren Cost: \$200</p> <p>5.30 – 7.00 PM <input type="checkbox"/></p> <p>Elite Comp @ UNSW (M, W, F & Sat Comp's) 10 – 14yrs age group Instructors: Warren Cost: Direct Debit \$100 a month (Multiple classes)</p>	<p>9.45 – 10.30 AM <input type="checkbox"/></p> <p>MINI KIDS @ East Sub's PCYC 3 – 4 yrs age group Instructor: Warren/Marco Cost: \$200</p> <p>10.45 – 11.30AM <input type="checkbox"/></p> <p>MINI KIDS @ East Sub's PCYC 3 – 4yrs age group Instructor: Warren/Marco Cost: \$200</p> <p>4.00 – 5.00 PM <input type="checkbox"/></p> <p>5-6yrs @ East Sub's PCYC Instructor: Warren/Ivica Cost: \$200</p> <p>5.00 – 6.00 PM <input type="checkbox"/></p> <p>5-6yrs @ East Sub's PCYC 5 – 6 yrs age group Instructors: Warren/Tatiana Cost: \$200</p> <p>5.00 – 6.00 PM <input type="checkbox"/></p> <p>Beginners @ East Sub's PCYC 7 -10yrs age group Instructors: Warren/Tatiana Cost: \$200</p> <p>6.00 – 7.30 PM <input type="checkbox"/></p> <p>Graded -10 @ East Sub's PCYC 9-10yrs age group Instructors: Warren/Tatiana Cost: \$245 or direct debit \$100 a month (Multiple classes)</p>	<p>9.45 – 10.30 AM <input type="checkbox"/></p> <p>MINI KIDS @ East Sub's PCYC 3 – 4 yrs age group Instructor: Warren/Marco Cost: \$200</p> <p>10.45 – 11.30AM <input type="checkbox"/></p> <p>MINI KIDS @ East Sub's PCYC 3 – 4yrs age group Instructor: Warren/Marco Cost: \$200</p> <p>4.00 – 5.00 PM <input type="checkbox"/></p> <p>5-6yrs @ East Sub's PCYC Instructor: Warren/Ivica Cost: \$200</p> <p>5.00 – 6.00 PM <input type="checkbox"/></p> <p>Graded -10 @ East Sub's PCYC Instructor: Warren/Ivica Cost: \$200</p> <p>6.00 – 7.00 PM <input type="checkbox"/></p> <p>Beginners 7-10@ UNSW Gym Instructor: Tatiana Cost: \$200</p> <p>6.00 – 7.30 PM <input type="checkbox"/></p> <p>Elite Comp @ East Sub's PCYC 10 – 14yrs age group Instructor: Warren, Tatiana, Marieta Cost: Direct Debit \$100 a month (Multiple classes)</p> <p>6.00 – 7.30 PM <input type="checkbox"/></p> <p>Graded 9-11yrs@ East Sub's PCYC Instructor: Warren, Tatiana Cost: \$245 (1 class a week)</p>	<p>9.45 – 10.30 AM <input type="checkbox"/></p> <p>MINI KIDS@ East Sub's PCYC 3 – 4 yrs age group Instructor:Warren Cost:\$200</p> <p>10.45 – 11.30AM <input type="checkbox"/></p> <p>Parents & Kids Combined Session (not compulsory)</p> <p>MINI KIDS @ East Sub's PCYC 3 – 4yrs age group Instructor:Warren Cost:\$200</p> <p>4.00 – 5.00 PM <input type="checkbox"/></p> <p>5-6yrs @ East Sub's PCYC 5 – 6 yrs age group Instructors:Tatiana Cost:\$200</p> <p>5.00 – 6.00 PM <input type="checkbox"/></p> <p>Beginners @ East Sub's PCYC 7 -10yrs age group Instructors:Tatiana Cost: \$200</p> <p>6.00 – 7.00 PM <input type="checkbox"/></p> <p>Graded -10 @ East Sub's PCYC 7 -10yrs age group Instructors:Tatiana Cost: \$245</p>	<p>10.00 – 10.45 AM <input type="checkbox"/></p> <p>MINI KIDS @ East Sub's PCYC 3 – 4 yrs age group Instructor: Marco Cost: \$200</p> <p>10.50 – 11.30 AM NEW!! <input type="checkbox"/></p> <p>Todz Judo @ East Sub's PCYC 2 – 3 yrs age group Instructor: Marco Cost: \$200</p> <p>3.45 – 4.30 PM <input type="checkbox"/></p> <p>MINI KIDS @ East Sub's PCYC 3 – 4 yrs age group Instructor: Warren Cost: \$200</p> <p>4.30 – 5.30 PM <input type="checkbox"/></p> <p>Beginners @ East Sub's PCYC 5 - 6 yrs age group Instructors:Warren Cost: \$200</p> <p>6.00 – 7.00 PM NEW!! <input type="checkbox"/></p> <p>Beginners@ UNSW Gym 9 – 14 yrs age group Instructor: Ivica Cost: \$200</p> <p>5.30 – 7.00 PM <input type="checkbox"/></p> <p>Graded 9-11 @ East Sub's PCYC Instructor: Warren Cost \$245</p>	<p>9.00 – 10.00 AM <input type="checkbox"/></p> <p>5 - 6yrs @ East Sub's PCYC 5 – 6 yrs age group Instructor: Tatiana Cost: \$200</p> <p>10.00 – 11.00AM <input type="checkbox"/></p> <p>Graded -10 & Beginners @ East Sub's PCYC Instructor: Tatiana Cost: \$200</p> <p>11.15 – 12.00 AM <input type="checkbox"/></p> <p>Mini Kids @ East Sub's PCYC 3 - 4yrs age group Instructor: Warren/Ivica Cost: \$200</p> <p>12.00 – 1.00 PM <input type="checkbox"/></p> <p>5-6yrs @ East Sub's PCYC 5 – 6 yrs age group Instructor: Warren/Ivica Cost: \$200</p> <p>1.00 – 2.00 PM <input type="checkbox"/></p> <p>Beginners @ East Sub's PCYC 7 -10yrs age group Instructor: Warren/Ivica Cost: \$200</p> <p>2.00 – 3.30 PM <input type="checkbox"/></p> <p>Elite Comp @ East Sub's PCYC (M, W, F & Sat Comp's) 10 – 14yrs age group Instructors: Warren Cost: Direct Debit \$100 a month (Multiple classes)</p>

Childs Name: _____ Date of Birth: _____
 Address: _____
 Postcode: _____ School: _____

Emergency Contact Details: H: _____ W: _____ M: _____

Required information email: _____ Parent's Occupation: _____

The UNSW Judo Club do not accept any liability for personal injury, property damage or loss sustained by any participant as a result of his or her participation in the program due to any cause whatsoever unless caused by the proven negligence of the UNSW Sport and Recreation, its directors and employees.

I authorise staff to provide First Aid if required Yes No Signed Parent/Guardian: _____
 Parent/Guardian Name: _____

NO AMEX OR DINERS

Expiry

Cardholders Name: _____ Authorising Signature: _____
 Date: _____ Amount to be deducted \$ _____

Multiple Graded classes \$100 a month Direct Debit

Early bird discount \$10 (before end of Term 4, 2016) must be completed ONLINE

Payments can be made online at www.unswjudo.net.au/judo_for_kids.php

Ph: 9385 4725 Fax: 9385 6180
 email: w.rosser@unsw.edu.au
 or by cheque to: UNSW Judo Club

Mail to: UNSW judo Club
 H8 Sam Cracknell Pavilion
 University of New South Wales NSW 2052

LOCATIONS

UNSW - 1st Floor, University Gymnasium
 Corner of High Street & Anzac Parade, Kensington
 (Enter Gate 2 in High St then first right turn will take you to UniGym.)

East Suburb's PCYC - 26A Bunnerong Rd Daceyville

Kids Judo

The Kids Judo program at the University of New South Wales started in 1996 with 2 classes a week. We now have 23 classes a week in six age groups and over 230 children enrolled each term.

Mini Kids Judo 3 - 4 years

These classes develop the core skills of movement with a leaning towards basic Judo movements - safe falling - jumping - balance - contact awareness, as well as developing concentration and self confidence in a games structured environment. Games are developed to create the awareness of the desired skills of Judo with lots of fun and laughter.

5 - 6 years

These classes develop the core skills of Judo - safe falling - balance - contact awareness. The classes are conducted in a games environment where the games are structured to create awareness of the desired skill, Big Ball Sumo, Pillow fights and Crash Mat battles are just some of the fun games the children play.

7 - 8 years

These classes develop specific Judo skills but with a high "game" element. Safe falling skills are more developed to increase the ability to relax during the fall. Gradings commence in this age group.

9 - 10 years

These classes develop throwing and groundwork techniques with games designed to challenge mentally and physically. Techniques taught are required for gradings.

11 - 13 years

These classes develop throws, groundwork techniques and overall body strength. Classes develop strategy with a focus on competition depending on individual player's maturity.

For further information contact
Warren Rosser on 9385 4725.

For information on other Judo clubs in NSW
call **Judo NSW on 8116 9705** or go to
www.judonsw.com.au.

About the club

The University of New South Wales Judo Club was started in 1956. Since then the club has grown to be the largest judo club in Australia with over 200 registered members.

The club caters for many levels of judo players. Our members range from players that come to training once a week to learn and keep fit, to reps on the national team who train virtually every day. We also have self defence classes based on judo techniques, and childrens classes from 3 - 14 years of age, where the emphasis is on fun, maximum movement and falling safely.

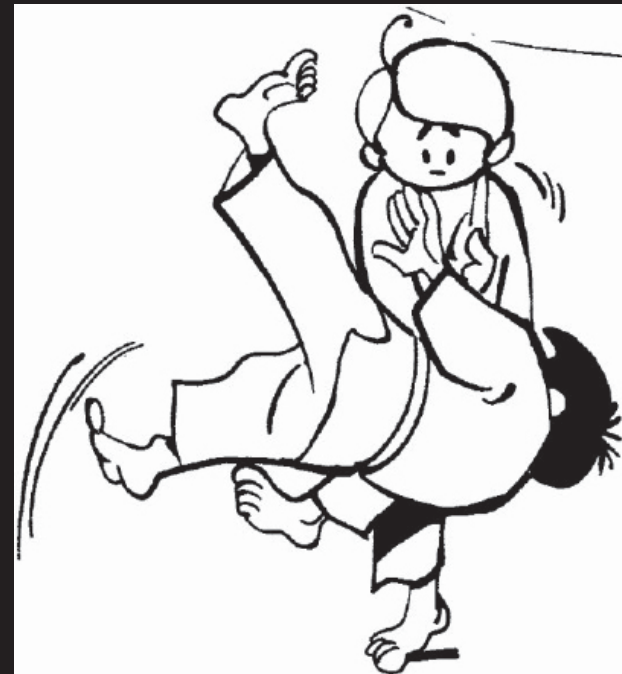


The club has a history of successful competitors and we have had many club members represent Australia at World championships and Olympic Games.

Mark Carew - 1980
Andrew Richardson - 1984
Warren Rosser - 1988
Natalie Galea - 1996
Semir Pepic - 2004
Sonya Chervonsky - 2004
Semir Pepic - 2008
Janelle Shepherd - 2008

As the club is close to the city, we also regularly attract many international visitors.

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Term 1 2017